

MULLABRACK & KILCLUNEY KIDS ZONE

Sunday 15 November

Activities taken from 'Jigsaw -
connecting God's big picture'

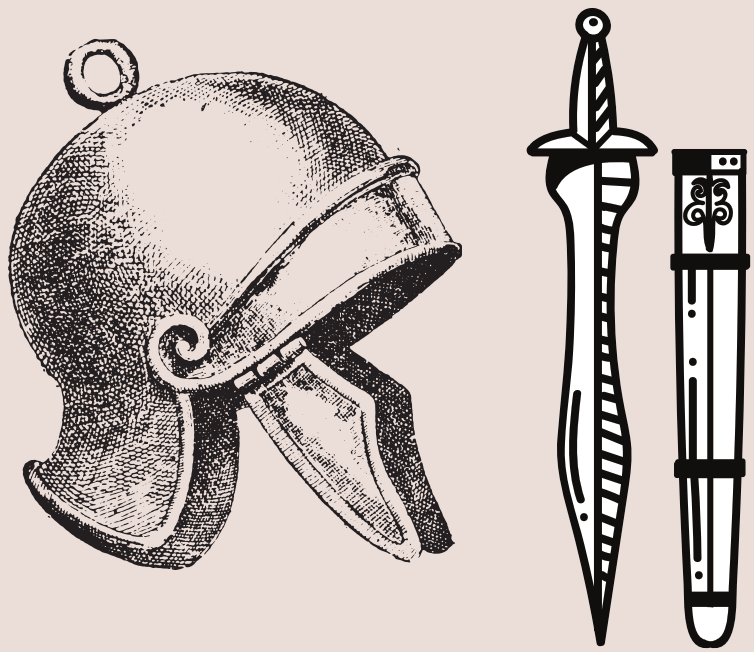
Talking time



- Recap belt and breastplate, and sandals and shield.
- Can you name all the parts of the armour of God?
- Do you think any peice of the armour is more important than the other?
- What is God's word and why is it a sword?
- What is our salvation and what does it mean to us?

Theme:

The Armour of God



Helmet and sword

Bible



Ephesians 6:10-18

God's story - The
armour of God
([click here](#))

Memory verse

1 Corinthians 16:13

*Be on your guard; stand firm in the
faith; be courageous; be strong*

Actions:

- **Be on your guard** - stand straight like a soldier with salute.
- **Stand firm in the faith** - step forward with hands clasped in a prayer like position.
- **Be courageous** - hold up a pretend sword and shake it.
- **Be strong** - raise both arms and show strength (muscles!)

Now take turns around the family to say one part each.

Family challenge

Song:

(Tune: Head and shoulders, knees and toes)



*Helmet, breastplate, belt of truth, sandals of
peace' x2*

*And Shield of faith and sword of the spirit, all
surrounded by prayer.*

Actions:

- **Helmet** (hands on head)
- **Breastplate** (hands across chest)
- **Belt of truth** (fasten belt)
- **Sandals of peace** (walk with feet step by step)
- **Shield of faith** (push right hand out palm-wards from body)
- **Sword of the spirit** (clasp hands together pretending to slice with a sword)
- **All surrounded by prayer** (both hands round in a circle coming together to pray in front of body)

Worship song



Walking in the light of
God - [click here](#)

I'm in the Lord's army
- [click here](#)

Prayer



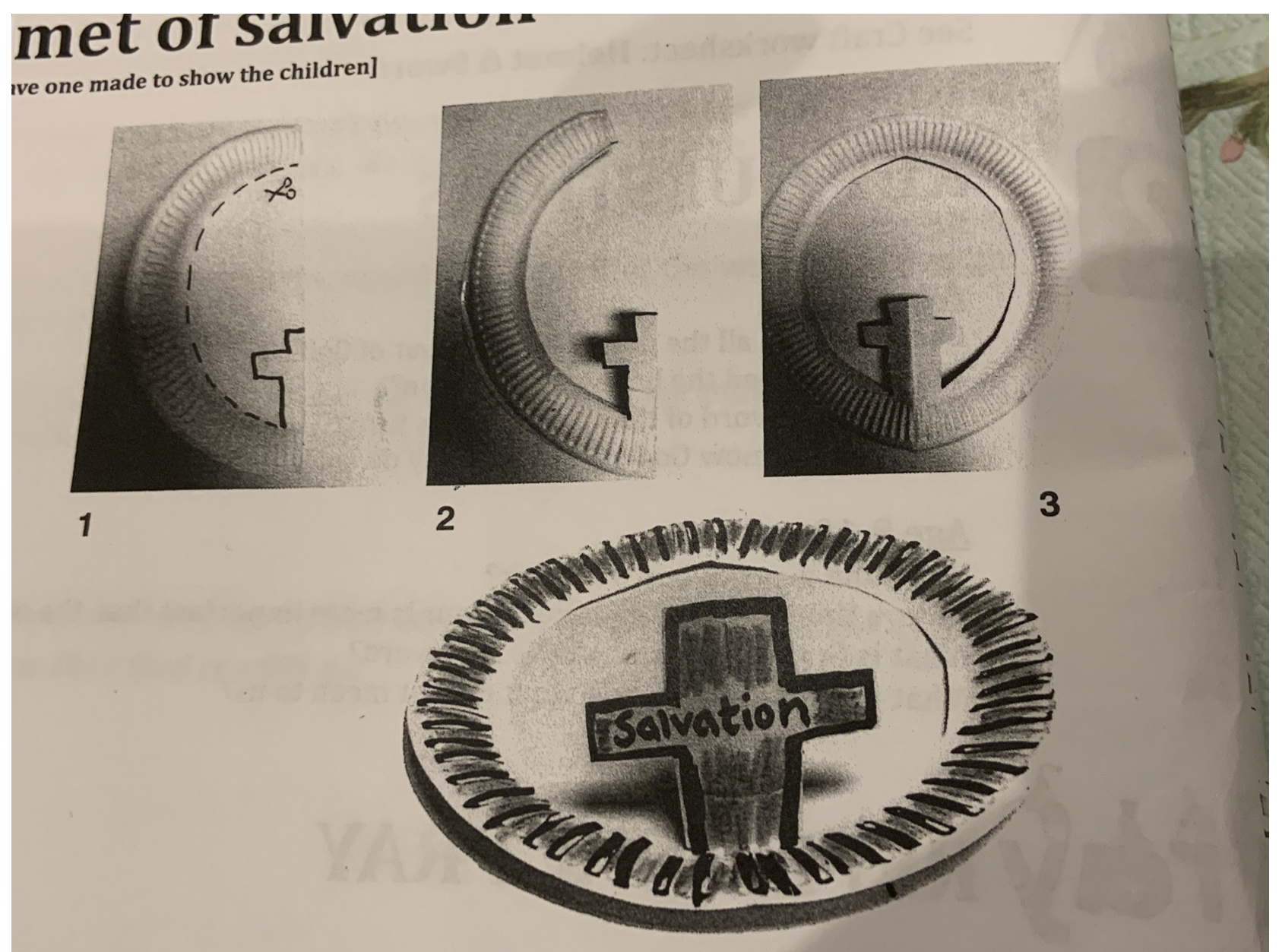
Use the 7th Spiritual weapon-prayer

- **Helmet of salvation** - Remember to trust and follow God daily
- **Breastplate of righteousness** - Remember to do what is right each day.
- **Belt of truth** - Remember God's truth in your life.
- **Sandals of peace** - Remember to be ready at all times to take God into all of our day wherever we might be.
- **Shield of faith** - Remember to ask God to shield us from any hurtful words today.
- **Sword of the spirit** - Remember that we have God's word to help us each day
- **Pray** - Pray every day that God will look after us and those we love .
- **Amen**

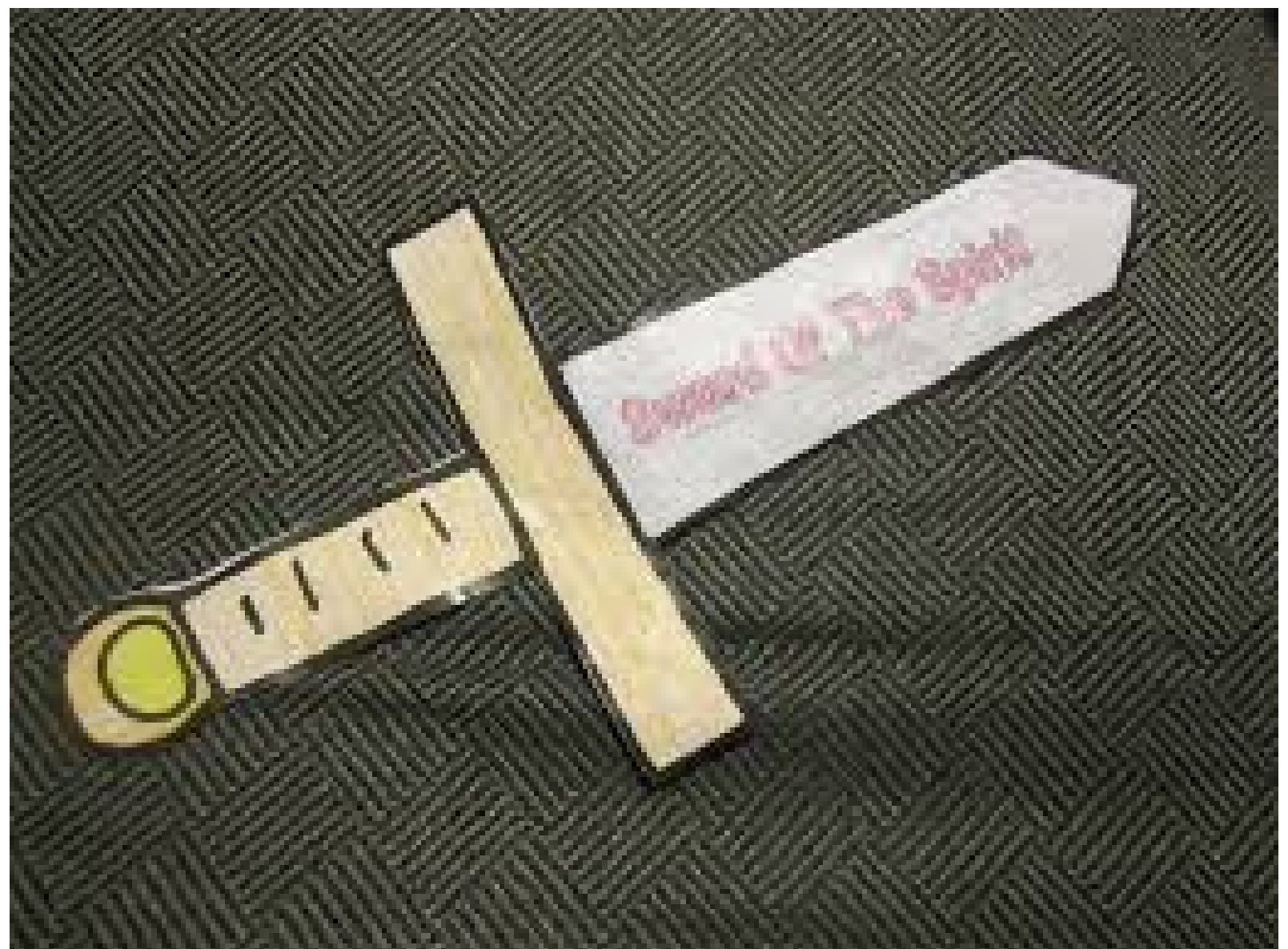
CRAFT CRAFT CRAFT



- **Helmet of Salvation:**
- Fold paper plate in half and draw half a cross on the plate.
- Cut out the base of the plate and around the cross.
- Colour in the rim of the helmet and write 'Salvation' on the cross
- Try the helmet on.

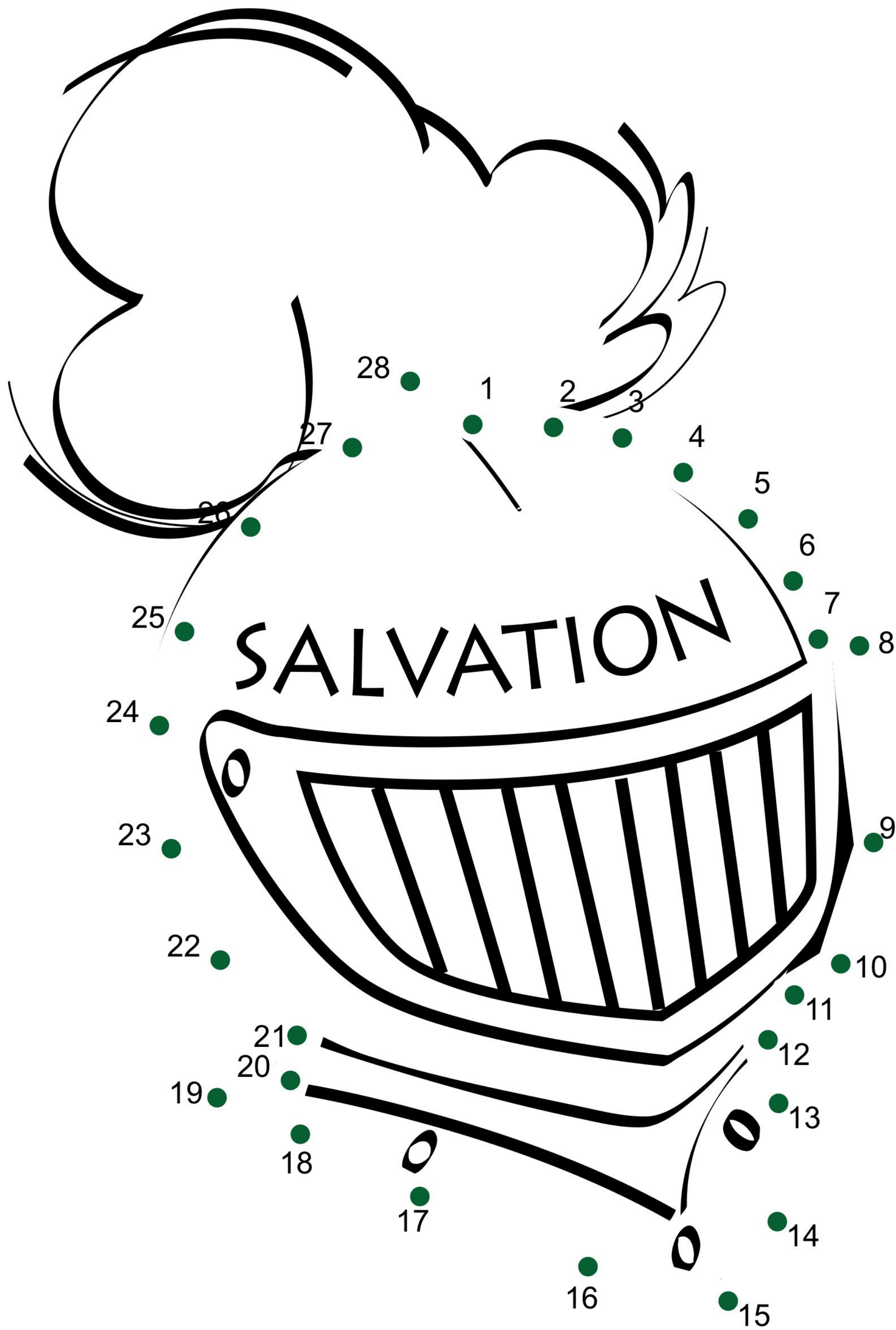


- **Sword of the Spirit**
- Draw a sword shape on a rectangular piece of cardboard.
- Colour in the handle.
- Cut out the sword and cover with tin foil.
- Add decorations to the handle.



Helmet of Salvation Connect the Dots

Connect the dots to complete the helmet.





"put on the
Full
ARMOR
of
GOD,

so that
you can
take
your
stand
against the
devil's
schemes."

Ephesians 6:10

(see Ephesians
6:10-17)